

## PROCLAMATION **NUTRITION MONTH** MARCH 2018

WHEREAS, food is necessary for the maintenance of human life; and

WHEREAS, the type, quality and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, further education regarding nutrition and healthy eating habits is necessary in North Dakota to curb rising rates of disease related to unhealthy eating; and

WHEREAS, citizens are encouraged to become actively involved in improving their own nutrition and the nutrition of others.

**NOW, THEREFORE,** as Governor of the State of North Dakota, I do hereby proclaim March 2018, **NUTRITION MONTH** in the State of North Dakota.

Doug Burgum Governor

ATTEST:

Alvin A. Jaeger Secretary of State